

|                           |   |
|---------------------------|---|
| contains allergens        | X |
| is an allergen source     | Z |
| does not contain allergen |   |

Unit name: O2

Area: VIP amex lounge

Date: 10.05.2017



Enter all listed ingredients from EVERY ingredient within the recipe/dish  
No log is required for single ingredient recipe with no allergens (i.e. plain boiled potato)

| Location: Crew Catering Tapas & Deli Boards |        | Allergens   |      |      |                           |       |      |          |      |         |        |      |         |           | Initials |
|---|--------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|
| Menu Item / Dish                            | CELERY | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES | Initials |
| <b>Tapas</b>                                |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| Mixed Olives                                |        |             |      |      |                           |       |      |          |      |         |        |      |         | X         |          |
| Cheese Straws                               |        |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| Rosemary Nuts                               |        |             |      |      |                           |       |      |          | X    | X       |        |      |         |           |          |
| Heritage Carrot Humus with focaccia croutes |        |             |      |      | X                         |       |      |          |      |         | X      |      |         |           |          |
| Super Green Pesto with focaccia croutes     |        |             |      |      | X                         |       | X    |          |      |         |        |      |         | X         |          |
| <b>Deli boards</b>                          |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| Rock Dip sharing platter                    |        |             |      |      | X                         |       | X    |          |      |         | X      |      |         |           |          |
| Cheese Board: R&B                           |        |             |      |      | X                         |       | X    |          |      |         |        |      |         | X         |          |
| Veg Board: - INDIE                          |        |             |      |      | X                         |       | X    |          |      |         |        |      |         | X         |          |
| Meat Board: JAZZ                            |        |             |      |      | X                         |       |      |          |      |         |        |      |         | X         |          |
| <b>Desserts</b>                             |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| Eton Mess                                   |        |             | X    |      |                           |       | X    |          |      |         |        |      |         | X         |          |
| Textures of Chocolate                       |        |             | X    |      | X                         |       | X    |          |      |         |        | X    |         |           |          |
| Sorbet                                      |        |             |      |      |                           |       |      |          |      |         |        |      |         | X         |          |
| Dessert Sharing Plater POP                  |        |             | X    |      | X                         |       | X    |          |      |         |        | X    |         | X         |          |
| Fruit salad                                 |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |

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Unit name: O2

Area: VIP amex lounge

Date: 10.05.2017



Enter all listed ingredients from EVERY ingredient within the recipe/dish  
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| Location: Crew Catering Kids Menu |        | Allergens   |      |      |                           |       |      |          |      |         |        |      |         |           | Initials |
|-----------------------------------|--------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|
| Menu Item / Dish                  | CELERY | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES | Initials |
| 4oz Burger                        |        |             |      |      | X                         |       |      |          |      |         |        |      |         | X         |          |
| Burger Falafel                    |        |             |      |      | X                         |       | X    |          |      |         | X      |      |         |           |          |
| Hot dog                           |        |             |      |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| Southern fried Chicken            | X      |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |
| Fish Cake                         |        |             | X    | X    | X                         |       | X    |          |      |         |        |      |         |           |          |
| French Fries                      |        |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |
| Kids Salads                       |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| Fruit Salad                       |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| Ice Cream Vanilla                 |        |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| Ice Cream Chocolate               |        |             |      |      |                           |       | X    |          |      |         |        |      |         |           |          |
| Ice Cream Strawberry              |        |             |      |      |                           |       | X    |          |      |         |        |      |         |           |          |

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Area: VIP amex lounge



Enter all listed ingredients from EVERY ingredient within the recipe/dish Date 10.05.2017  
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| Location: Crew Catering Desserts                   |        | Allergens   |      |      |                           |       |      |          |      |         |        |      |         |           | Initials |
|--|--------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|
| Menu Item / Dish                                   | CELERY | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES | Initials |
| Textures of Dark, Milk and White Chocolate         |        |             | X    |      | X                         |       | X    |          |      |         |        | X    |         |           |          |
| Deconstructed Mango Cheesecake with coconut sorbet |        |             | X    |      | X                         |       | X    |          | X    |         |        |      |         | X         |          |
| Eton Mess Sundae                                   |        |             | X    |      |                           |       | X    |          |      |         |        |      |         | X         |          |
| Selection of Sorbets with fresh berries            |        |             |      |      |                           |       |      |          |      |         |        |      |         | X         |          |
| Fresh Fruit Salad                                  |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| Dessert Sharing Platter                            |        |             | X    |      | X                         |       | X    |          |      |         |        | X    |         | X         |          |

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| Listed allergen source    | Z |
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Area: VIP amex lounge



Enter all listed ingredients from EVERY ingredient within the recipe/dish **Date** 10.05.2017  
 No log is required for single ingredient recipe with no allergens (i.e. plain boiled potato)

| Location: Crew Catering Large Plates   |        | Allergens   |      |      |                           |       |      |          |      |         |        |      |         |           |          | Initials |
|--|--------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|----------|
| Menu Item / Dish   | CELERY | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES | Initials |          |
| Gourmet burger, Mature Cheddar, Brioche Bun Cos lettuce, Amex Signature Burger Sauce, slow roasted tomatoes & Skin on Fries    |        |             | X    |      | X                         |       | X    |          |      |         |        |      |         | X         |          |          |
| Char Grilled Rib Eye Steak slow roasted tomatoes & skin on Fries   |        |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |          |
| Slow Cooked Short Rib of Beef, Beer & Mustard battered onion rings, Truffle Mash   | X      |             | X    |      | X                         |       |      |          |      |         |        |      | X       | X         |          |          |
| Roasted corn fed chicken breast, smoked potato and braised leg croquet, carrot and ale purée, Seasonal vegetable and thyme jus | X      |             | X    |      | X                         |       | X    |          |      |         |        |      |         | X         |          |          |
| Beer Battered Fish & Chips with lemon, crushed peas & tartar sauce   |        |             | X    | X    | X                         |       |      |          |      |         |        |      |         | X         |          |          |
| Grilled Halloumi, Aubergine & Portobello mushroom with cos lettuce, tomato and pesto in a brioche bun                          |        |             | X    |      | X                         |       | X    |          |      |         |        |      |         | X         |          |          |
| Seared Salmon with fondant potato, wilted greens and roasted tomato dressing   | X      |             |      | X    |                           |       | X    |          |      |         |        |      |         |           |          |          |
| Skin On Fries  |        |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |          |

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Enter all listed ingredients from EVERY ingredient within the recipe/dish  
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| Location: Gantry  |        | Allergens   |      |      |                           |       |      |          |      |         |        |      |         |           |          | Initials |
|---|--------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|----------|
| Menu Item / Dish  | CELERY | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES | Initials |          |
| <b>Gantry Salads</b>  |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |          |
| Pea, edamame bean feta and rocket   |        |             |      |      |                           |       | x    |          |      |         |        | x    |         |           |          |          |
| Celeriac with mustard & blue cheese dressing  | x      |             | x    |      |                           |       | x    |          |      |         |        |      | x       | x         |          |          |
| Kimchi Pickled Vegetables   |        |             |      |      |                           |       |      |          |      |         | x      | x    |         | x         |          |          |
| Gourmet burger, Mature Cheddar, Brioche Bun Cos lettuce, Amex Signature Burger Sauce, slow roasted tomatoes & Skin on Fries |        |             | x    |      | x                         |       | x    |          |      |         |        |      |         | x         |          |          |
| Char Grilled Rib Eye Steak slow roasted tomatoes & skin on Fries  |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |          |
| Slow Cooked Short Rib of Beef   | x      |             |      |      |                           |       |      |          |      |         |        |      |         | x         |          |          |
| Grilled Halloumi, Aubergine & Portobello mushroom with cos lettuce, tomato and pesto in a brioche bun                       |        |             | x    |      | x                         |       | x    |          |      |         |        |      |         | x         |          |          |
| Fish of the Day   |        |             |      | x    |                           |       |      |          |      |         |        |      |         |           |          |          |
| Roasted corn fed chicken breast   |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |          |
| Skin On Fries   |        |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |          |

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Date 10.05.2017



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| Location: Crew Catering Small Plates   |        | Allergens   |      |      |                           |       |      |          |      |         |        |      |         |           |          | Initials |
|--|--------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|----------|
| Menu Item / Dish   | CELERY | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES | Initials |          |
| Billingsgate fish cake and tartar sauce  |        |             | x    | x    | x                         |       | x    |          |      |         |        |      |         | x         |          |          |
| Wild mushroom and blue cheese arancini, celeriac puree                                 | x      |             | x    |      | x                         |       | x    |          |      |         |        |      |         | x         |          |          |
| Soy & Sesame Marinated sea bream, chilli and citrus dressing                           |        |             |      | x    |                           |       |      |          |      |         | x      | x    |         | x         |          |          |
| Ratte Potato, Pickled Fennel, pea and edamame bean, Radish, sea herbs and carrot salad |        |             |      |      |                           |       |      |          |      |         |        | x    |         | x         |          |          |
| Crispy Pork Shoulder served with cured Ham, Pea Purée, and balsamic Vinegar Reduction  | x      |             | x    |      | x                         |       | x    |          |      |         |        |      |         | x         |          |          |
| Thai cured salmon with coriander and lime dressing, wasabi yogurt                      |        |             |      | x    |                           |       | x    |          |      |         |        | x    |         | x         |          |          |
| Beetroot Falafel with harissa yogurt, carrot humus and pitta bread                     |        |             |      |      | x                         |       | x    |          |      |         | x      |      |         | x         |          |          |
| Paul Rhodes bread  |        |             |      |      | x                         |       | x    |          |      |         |        |      |         |           |          |          |
| Avocado salad  |        |             |      |      | x                         |       |      |          |      |         |        |      |         | x         |          |          |

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Unit name: O2

Area: VIP amex lounge



Enter all listed ingredients from EVERY ingredient within the recipe/dish Date 25/03/2017  
No log is required for single ingredient recipe with no allergens (i.e. plain boiled potato)

| Location:   | Allergens |             |      |      |                           |       |      |          |      |         |        |      |         |           | Initials |
|---|-----------|-------------|------|------|---------------------------|-------|------|----------|------|---------|--------|------|---------|-----------|----------|
|   | CELERY    | CRUSTACEANS | EGGS | FISH | CEREALS CONTAINING GLUTEN | LUPIN | MILK | MOLLUSCS | NUTS | PEANUTS | SESAME | SOYA | MUSTARD | SULPHATES |          |
| billingsgate fishcake tartare sauce   |           |             |      | X    | X                         |       | X    |          |      |         |        |      |         |           |          |
| tartare sauce   |           |             | X    |      |                           |       |      |          |      |         |        |      |         | X         |          |
| beetroot falafel with heritage carrot hummus and rose harisa yoghurt, grilled pitta bread                                 |           |             |      |      | X                         |       | X    |          |      |         | X      |      |         | X         |          |
| pan fried salmon fillet, shaved pickled vegetables, infused parsley sauce   |           |             |      | X    |                           |       | X    |          |      |         |        |      |         | X         |          |
| lamb meatballs with smoked cherry tomato sauce  | X         |             |      |      |                           |       |      |          |      |         |        | X    |         | X         |          |
| winter squash arrancini with goats cheese and white truffle cream   |           |             | X    |      | X                         |       | X    |          |      |         |        |      |         | X         |          |
| miso glazed cod, avocado and radish salad, tofu dressing and pickled diakon   |           |             |      | X    | X                         |       |      |          |      |         | X      | X    |         | X         |          |
| avocado salad, sauce vierge with croutes  |           |             |      |      | X                         |       |      |          |      |         |        |      |         | X         |          |
| croutes   |           |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |
| hensons 7oz angus burger, monterey jack, slow roast tomatoes  |           |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| bun   |           |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| burger sauce  |           |             | X    |      |                           |       |      |          |      |         |        |      | X       | X         |          |
| Fries   |           |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |
| english ribeye, slow roast tomatoes and fries   |           |             |      |      | X                         |       |      |          |      |         |        |      |         |           |          |
| grilled fish of the day   |           |             |      | X    |                           |       |      |          |      |         |        |      |         |           |          |
| Grilled Polenta Burger  |           |             |      |      | X                         |       | X    |          |      |         |        |      | X       |           |          |
| bun   |           |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| slow cooked lamb shank with soft polenta and persian lime pesto   |           |             |      |      |                           |       | X    |          | X    |         |        |      |         |           |          |
| roast lake district corn fed chicken, beer roast chicken, caramelised cauliflower, sweet garlic puree, woodland mushrooms |           |             |      |      |                           |       | X    |          |      |         |        |      | X       |           |          |
| californian rubbed short rib of beef mustard mash, beer battered onion rings  | X         |             |      |      | X                         |       | X    |          |      |         |        |      | X       |           |          |
| onion rings   |           |             |      |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| rosemary nuts   |           |             |      |      |                           |       |      |          | X    | X       |        |      |         |           |          |
| mixed black botijia & spanish queen olives  |           |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| montgomery cheddar cheese straws  |           |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| artichoke pesto with crostini   |           |             |      |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| cucumber tzatziki, garlic croutes   |           |             |      |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| spiced poache pear and blackberries crumble   |           |             | X    |      | X                         |       | X    |          |      |         |        |      |         |           |          |
| banana and honeycomb sundae   |           |             |      |      |                           |       | X    |          | X    |         |        | X    |         |           |          |
| autumn fruit sorbets, orange, cranberry, and apple  |           |             |      |      |                           |       |      |          |      |         |        |      |         |           |          |
| chocolate chocolate chocolate   |           |             | X    |      | X                         |       | X    |          |      |         |        | X    |         |           |          |
| deli board to share, banana sundae, choco, summer fruits sorbet   |           |             | X    |      | X                         |       | X    |          | X    |         |        | X    |         |           |          |
| paul rhodes bread & butter  |           |             |      |      | X                         |       | X    |          |      |         |        |      |         |           |          |

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