# EST.2001 OLD SPITALFIELDS MARKET. E1

## SQUARE MEALS

#### No gluten containing ingredients

50%less fat

#### **VEGGIE JUL HALAL**

SOLO

#### **MEAL** +2 sides

ANY CLASSIC / SKINNY PIE £5.50

£8.50

SAUSAGES & MASH 2 sausages with double mash

£6.75

1/4 ROTISSERIE CHICKEN

£5.20 £7.95

1/2 ROTISSERIE CHICKEN

£7.20 £9.95

MACARONI CHEESE

£5.00 £7.75

Add to your meal: extra side 90p or sausage £1.50!

#### **SQUARE PIES**

Steak & ale

Steak & cheese

Steak & mushroom

Steak & kidney

Chicken & mushroom

- Skinny chicken & mushroom (396 kcal)
- Chicken & bacon

Lamb & rosemary

- ▼ Cheese & onion
- Spinach, sweet potato & goats cheese
- Skinny spinach, sweet potato & goats cheese (412 kcal)
- Chicken Jalfrezi\*
- \*Made with Halal certified chicken

# SQUARE SALADS

### **CHOOSE ANY HEADLINER WITH UP TO 3 BASE SALADS**

£7.80

### **ANY 3 BASE SALADS**

£6.00

- Warm grilled chicken
- Chicken & bacon Caesar

Baked fish fingers

☑ ☑ Grilled halloumi

## BASE SALADS

- Green house salad
- Chopped salad with spelt & pomegranate
- Roasted vegetables with quinoa & rocket
- Baby new potato salad
- ▼ Square coleslaw

## **SIDES**

£2.50 each. All sides Z

Fresh mash Fresh sweet potato mash Chips Heinz beans

Proper mushy peas Garden peas Steamed broccoli Any BASE SALAD

### **EXTRAS**

Sausage roll £2.75 | Sausage £2.00

Onion gravy or East End liquor Free

# BAKED POTATOES

#### EITHER A CLASSIC POTATO OR LOW GI SWEET POTATO

- ☐ ☐ Grated cheddar cheese £5.50
- Coleslaw £5.50
- Meinz beans £5.50
- Meinz beans & cheese £6.40
- ▼ Tuna sweetcorn £6.50
- ☑ Prawn cocktail £6.90
- Chilli beef £6.90

Chicken & mushroom £6.90

Chicken & bacon Caesar £6.90

Add extra grated cheese, bacon, salad or coleslaw 90p

## KIDS MEALS

Fish finger or Sausage with mash / chips and peas / beans

## NEW CREAM TEA

Served 2.30pm - 6.00pm

2 scones with clotted cream, jam and a cup of tea £4.50

Jude's Ice Cream (Chocolate/vanilla/strawberry) £2.80 Chocolate brownie £2.80 Carrot cake £2.80

Salted caramel bubbles £2.80

"A BRITISH CLASSIC" Time Out