



**TU FRIDAYS®**

*Original*  
**AMERICAN**  
SOCIAL  
SINCE 1965





**FRIDAYS® FAVE!**  
**FRIDAYS® SESAME CHICKEN STRIPS**



**CALIFORNIAN CHICKEN TACOS**



**BONELESS HOT WINGS**

# FRIDAYS® APPETIZERS

## FIRST WE FEAST

**GARLIC CIABATTA BREAD** **Ve** 4.49  
With Monterey Jack cheese **V** 4.79

**MOZZARELLA DIPPERS** **V** 6.49  
With tomato & basil sauce

**CALIFORNIAN CHICKEN TACOS** 6.99

Flour tortillas packed with pulled chicken, chilli mayo, lettuce, red cabbage, pico de gallo, chillies, red onion and pineapple. Topped with avocado cream. Taco a-go-go!

**LIGHTLY SPICED SHRIMP**  
**GLAZE** 6.99

Cajun battered shrimp served with our Legendary Glaze. Dip in!

**PINEAPPLE & JALAPEÑO EDAMAME BEANS** **Ve** 5.49

Edamame pods coated in a sweet & spicy glaze topped with pineapple pico de gallo

**FRIDAYS® SESAME CHICKEN STRIPS** **GLAZE** 7.49

Tossed in our Legendary Glaze. Topped with toasted sesame seeds and chilli flakes. **A real Fridays® favourite!**

**AVOCADO HOUMOUS** **Ve** 5.49  
Served with garlic ciabatta bread and tortilla chips

**FRIDAYS® SESAME MUSHROOM STRIPS** **V** **GLAZE** 5.99

Tossed in our Legendary Glaze. Topped with toasted sesame seeds and chilli flakes

**SMOKED TOMATO BRUSCHETTA** **Ve** 6.49

Heritage tomatoes with garlic and crisp basil on toasted ciabatta, drizzled with balsamic glaze

**With cheese** **V** 6.49

## SHARE DON'T SHARE

**TIMES SQUARE BIG SHARE**  
**GLAZE** 16.49

Fridays® chicken wings, loaded bacon potato skins and mozzarella dippers. Stacked high and served with our Legendary Glaze, sour cream and tomato & basil sauce. A real tower WOW-er! **Serves 3-4**

### MUCHOS NACHOS

Corn tortilla nachos with spicy guacamole, fresh pico de gallo and sour cream. Feel the crunch! Choose from:

\* Cheese **V** 5.99 **To share** 10.49

\* Chilli Beef 6.49 **To share** 11.99

**LOADED SKINS** 6.49 **To share** 11.99  
Potato skins filled with melted cheese. A fluffy, melty, crispy classic! Choose from:

\* Bacon

\* Fire-Roasted Veg **V**

**FRIDAYS® BUCKET OF BONES**  
**GLAZE** 14.99

Pork ribs and chicken wings smothered in our Legendary Glaze, toasted sesame seeds and chilli flakes. Topped with Texan toothpicks and pickled red onions for a bucket-load of Tex appeal! **Serves 2-3**

## WING IT! 6.99 TO SHARE 12.49

**FRIDAYS® WINGS** **GLAZE**

Tossed in our Legendary Glaze. Topped with toasted sesame seeds and chilli flakes

### HOT WINGS

Tossed in Frank's® RedHot sauce and chillies with a blue cheese dip

### BONELESS HOT WINGS

Crispy chicken breast chunks tossed in Frank's® RedHot sauce and chillies with a blue cheese dip



**We all crave the Glaze!**

Our Legendary Glaze, made with Jack Daniel's®. Everywhere you see the sign. **Glaze on, friends.**

Please inform your server of any allergies or intolerances before you order. Unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.



## HANDCRAFTED BURGERS

**FLAME-GRILLED TO ORDER WITH:**

\* **FRESH LETTUCE** \* **TOMATO** \* **ONION**  
\* **APPLE SLAW** \* **CRISPY FRIES**

**JUICY \_ SAUCY \_ MEATY**  
**ALL YOU WANT WITH**  
**EXTRA FRIDAYS® SASS!**

**FRIDAYS® DOUBLE GLAZED BURGER** **GLAZE** 12.99

A beef burger double coated in our Legendary Glaze, Monterey Jack cheese, candied bacon and Fridays® mayo. All hail the amazing glaze!

**VEGGIE BURGER** **V** 9.99

A spicy bean burger topped with Colby cheese and Fridays® mayo

**New** **FRIDAYS® VEGAN BURGER**  
**Ve** **GLAZE** 11.99

Our juicy vegan burger is packed full of goodness and made from plant based protein, beetroot and coconut oil. Served in a vegan bun with our Legendary Glaze and a creamy avocado dipping sauce\*

**ADD CAJUN SPICED ONION RINGS** **V** 4.49

\*Fridays® Vegan Burger is not served with apple slaw

**CHEESEBURGER DELUXE** 11.99 **New**

A beef burger simply grilled and smothered in cheese and Fridays® mayo

**FRIDAYS® CHICKEN BURGER**  
**GLAZE** 12.99

A grilled chicken breast smothered in our Legendary Glaze, Monterey Jack cheese, candied bacon and Fridays® mayo

**CLASSIC AMERICAN** 10.99

A beef burger simply grilled with Fridays® mayo. Tasty and timeless

**UPGRADE YOUR FRIES**  
**GO SWEET OR LOADED!**

\* Sweet Potato **V** 1.49

\* Chilli Beef & Cheese **V** 2.00

\* Warrior Fries **V** 2.00

\* Mario Fries 2.00

**TRIPLE JACK STACK**

**GLAZE** 16.99

A triple stack of beef burger, chargrilled chicken, and crispy chicken tenders all smothered in our Legendary Glaze, layers of candied bacon and cheese. Topped with toasted sesame seeds and chilli flakes

**GRAVY SEAL** 16.49

Beef burger, chargrilled chicken breast and popcorn shrimp, with cheese, crispy bacon and Fridays® mayo. Served with beef gravy. A tasty triple trip over sea, air and land

**WARRIOR** 15.49

Double stacked beef burgers, mozzarella dippers, Colby cheese, American cheese, bacon, caramelised onions and Fridays® mayo. Don't fight it... bite it!





12oz\* RIBEYE STEAK

## STEAKS

21-DAY MATURED

ALL OUR STEAKS ARE SERVED WITH CRISPY FRIES, TEXAN TOOTHPICKS AND A WEDGE SALAD

### 1. CHOOSE YOUR STEAK!

7oz\* FILLET **22.99**

8oz\* SIRLOIN **18.99**

12oz\* RIBEYE **20.99**

### 2. CHOOSE A SAUCE

- \* Our Legendary Glaze **GLAZE**
- \* Blue cheese & peppercorn

### 3. CHOOSE A WEDGE SALAD DRESSING

A crisp and refreshing wedge of cos lettuce topped with your choice of dressing:

- \* Blue cheese & bacon
- \* Honey mustard & tomato

### 4. HOW DO YOU LIKE YOUR STEAK?

Rare (red centre)  
Medium-rare (warm pink centre)  
Medium (hot pink centre)  
Medium-well done (slightly pink centre)  
Well done (no pink)

### 30oz\* TOMAHAWK STEAK **34.49**

Cooked on the bone for flavour. This 30oz\* ribeye steak is served with crispy fries, Cajun spiced onion rings, mushroom and your choice of sauce. *Takes 25 minutes to cook medium. Limited availability*

## GRILLS

### New THE TEXAN **GLAZE** **26.99**

12oz\* ribeye steak grilled to your liking, half a rack of baby back pork ribs smothered in our Legendary Glaze, topped with Texan toothpicks and pickled red onions. Served with campfire beans, crispy fries and spicy chargrilled corn on the cob

### New THE BONEYARD **GLAZE** **22.99**

Chicken wings, half racks of baby back and ultimate pork ribs all smothered in our Legendary Glaze. Topped with Texan toothpicks and pickled red onions. Served with crispy fries, apple slaw and spicy chargrilled corn on the cob

ADD A SKEWER OF CAJUN SPICED SHRIMP FOR AN EXTRA **2.00**

### STEAK, CHICKEN & SHRIMP GRILL **GLAZE** **20.99**

6oz\* rump steak, lightly spiced shrimp and chargrilled chicken breast smothered in our Legendary Glaze. Served with crispy fries and seasonal veg

### STEAK, RIBS & SHRIMP GRILL **GLAZE** **21.99**

6oz\* rump steak, lightly spiced shrimp and half a rack of pork ribs smothered in our Legendary Glaze. Served with crispy fries and seasonal veg. A beast of a feast!

### GRILLED SALMON † **GLAZE** **16.49**

Smothered in our Legendary Glaze, and served with creamy mash and seasonal veg

# The EMPIRE STATE of RIBS

SLOW-COOKED \* FLAME-GRILLED  
RUBBED \* MARINATED **YASS!**

### FRIDAYS® ULTIMATE DOUBLE GLAZED RIBS



## RIB, DIP, HOORAY!

### FRIDAYS® ULTIMATE DOUBLE GLAZED RIBS **GLAZE**

Double coated in our Legendary Glaze. Served with apple slaw, crispy fries and spicy chargrilled corn on the cob. Rib rack away!

Half rack **15.99** Full rack **20.99**

### HOT & SPICY RIBS †

Dusted with chilli seasoning, chargrilled and topped with fresh red chillies. Served with Frank's® RedHot sauce, sriracha fries and spicy chargrilled corn on the cob

Half rack **13.99** Full rack **17.99**

### CLASSIC RIBS

Served with crispy fries and spicy chargrilled corn on the cob. Smothered in your choice of:

- \* Our Legendary Glaze **GLAZE**
- \* BBQ sauce

Half rack **13.99** Full rack **17.99**



We all crave the Glaze!

Our Legendary Glaze, made with Jack Daniel's®. Everywhere you see the sign. **Glaze on, friends.**





FRIDAYS® FAVE!

FRIDAYS® SESAME CHICKEN STRIPS  
WITH CRISPY FRIES

GLAZE

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Jack Daniel's®. Everywhere you see  
the sign. **Glaze on, friends.**

## UNITED PLATES OF AMERICA

### PASTA

#### CAJUN CREAM PASTA

Penne pasta in a creamy Cajun sauce<sup>‡</sup> with fresh tomatoes, spring onions, peppers and cheese, topped with fresh rocket. Choose from:

- \* Cajun Chicken **10.49**
- \* Cajun Shrimp **11.49**



#### VEGETABLE ALFREDO PASTA **8.99**

Penne pasta tossed in a cauliflower alfredo sauce with tomatoes, seasonal veg and edamame beans. Topped with fresh rocket

### FAJITAS

#### SIZZLING FAJITAS

Served on a hot skillet with a selection of dips and warm tortillas. When it comes to the sizzle, we know our shizzle! Choose from:

- \* **Crispy Duck** †  **17.49**  
Smothered in our Legendary Glaze and served on the bone
- \* **Seasonal Veg**  **11.99**
- \* **Blackened Chicken** **14.99**

### SALAD

#### CRISPY DUCK SALAD † **11.99**

Crispy duck smothered in our Legendary Glaze, on a bed of green leaves, cucumber, croutons and onion. Tossed in a raspberry & chilli dressing and topped with toasted sesame seeds

#### CRISPY NOODLE SALAD †

Tossed in a hot & spicy Thai dressing with red chillies. Topped with toasted sesame seeds, chilli flakes and coriander. Choose from:

- \* **Garlic Chicken**  **10.49**
- \* **Shrimp**  **11.49**

## LOVE ME SOME CHICKEN

#### FRIDAYS® SESAME CHICKEN STRIPS WITH CRISPY FRIES

 **14.49**

Main up your fave with a mega portion of Fridays® sesame chicken strips tossed in our Legendary Glaze. Topped with toasted sesame seeds and chilli flakes, served with crispy fries


#### CHICKEN FINGERS **12.99**

Crispy chicken breast tenders, served with crispy fries, BBQ sauce and honey mustard mayo



#### GARLIC CHICKEN **13.49**

Chargrilled chicken breast smothered in garlic. Served with your choice of:

- \* Crispy fries loaded with garlic sauce, salad and spicy chargrilled corn on the cob
- \* Spicy rice, seasonal veg and spicy chargrilled corn on the cob 


#### CHICKEN FINGER BLT **11.99**

Crispy chicken breast tenders served in a ciabatta with melted cheese, rocket, tomato, crispy bacon and honey mustard mayo. Served with your choice of crispy fries or house salad

#### CALIFORNIAN CHICKEN CLUB SANDWICH **11.99**

Chargrilled chicken breast topped with cheese, bacon, spicy guacamole and garlic mayo in a toasted bun. Served with a creamy avocado dipping sauce and your choice of crispy fries or house salad


#### UPGRADE YOUR FRIES GO SWEET OR LOADED!

- \* Sweet Potato Fries  **1.49**
- \* Loaded Fries **2.00**

## FRIES & SIDES

#### LOADED FRIES All **4.99**

**Chilli Beef Fries** † topped with chilli beef, Colby cheese, onions and American mustard

**Warrior Fries**  † tossed in Frank's® RedHot sauce, onion and blue cheese dressing

**Mario Fries** topped with cheese, marinara sauce and bacon bits

#### SIDES



#### Mac & Cheese with Lobster Sauce **6.49**

Our creamy mac & cheese flavoured with lobster, topped with juicy whole Cajun spiced shrimp

**Cajun Spiced Onion Rings**  **4.49**

**Sweet Potato Fries**  **3.99**

**Crispy Fries**  **3.49**

**House Salad**  **4.49**

**Apple Slaw**  **1.99**

**Creamy Mash**  **3.49**

**Spicy Rice**  **1.99**

**Garlic Ciabatta Bread**  **4.49**

With Monterey Jack cheese  **4.79**

**Seasonal Veg**  **3.49**

#### GARLIC CHICKEN



#### MAC & CHEESE WITH LOBSTER SAUCE



#### LOADED FRIES: WARRIOR





# Desserts

MADE FOR SHARING\*



**COCONUT CREAM PIE**



**POPCORN BROWNIE SUNDAE**



**PECAN CARAMEL TEAR & SHARE**

## COOKIE DOUGH SUNDAE V 5.99

Rollin' in dough! Cookie dough pieces, shortcake, real dairy ice cream swirled with chocolate & caramel sauces. With whipped cream and a cherry on top

## PECAN CARAMEL TEAR & SHARE V 5.99

Sweet and sticky pecan & caramel brioche served warm with real dairy ice cream and drizzled with caramel sauce

## VERY BERRY SUNDAE V 5.99

Meringue, biscotti dough, real dairy ice cream and sweet strawberry purée with fresh berries, topped with whipped cream. Fridays® sundaes – happy days!

## CHOCOLATE FUDGE FIXATION V 6.49

Triple-layered chocolate cake with chocolate & fudge filling, served warm with real dairy ice cream. The ultimate choc-fudge fix!

## BROWNIE OBSESSION V 5.49

Moist, rich brownies with hot fudge, real dairy ice cream and chocolate & caramel sauces. **To share 7.49**

## COCONUT CREAM PIE V 5.99

Light and airy coconut cream pie on a biscuit base drizzled with chocolate & coconut sauces served with real dairy ice cream

## POPCORN BROWNIE SUNDAE V 5.99

Warm chocolate brownie chunks, chocolate & caramel sauces and real dairy ice cream with whipped cream and sticky toffee popcorn

## ULTIMATE SHAKES

### BIRTHDAY CAKE SHAKE 4.99

Vanilla flavour ice cream, layers of strawberry purée topped with Fridays® birthday cake. Make it your big day (even if it isn't!)

### CHOC CYLICIOUS V 4.99

Chocolate milkshake, chocolate sauce, Oreo® cookies and chocolate brownie pieces

### KOOKIE MONSTER V 4.99

A creamy cookie dough and vanilla milkshake topped with whipped cream, cookie dough pieces and delicious Oreo® cookies. A monster of a milkshake!



THE REWARDS APP THAT GIVES YOU MORE!

## SEARCH 'TGI FRIDAYS UK'



The spoken menu app for the visually impaired. Go to [Goodfoodtalks.com](http://Goodfoodtalks.com)

Please inform your server of any allergies or intolerances before you order. Unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

Free baby food is available, please speak to a team member for more details. \*For single sized desserts, please ask a team member for more details. Oreo® is a registered trademark of Mondelez International used under licence to TGI Fridays Inc.

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