

Amex Lounge - Spring/ Summer Menu 2018

Unit name:	O2	
Area:	Amex Lounge	
Date	01.02.2019	
Contains allergens	v	
List sub allergen source	z	
Does not contain allergen		

Crew Catering Tapas & Deli Boards	Allergens														Initials
	CELERY	CRUSTACEANS	EGGS	FISH	CEREALS CONTAINING GLUTEN	LUPIN	MILK	MOLLUSCS	NUTS	PEANUTS	SESAME	SOYA	MUSTARD	SULPHATES	
Tapas															
Mixed Olives														V	NC
Cheese Straws			V		V		V								NC
Rosemary Nuts									V	V					NC
Beetroot & Horseradish Hummus with ciabatta croutes			V		V		V				V		V		NC
Artichoke Pesto with focaccia croutes					V		V								NC
Deli boards															
Rock Dip sharing platter			V		V		V				V				NC
Cheese Board: R&B					V		V								NC
Veg Board: - INDIE					V		V								NC
Meat Board: JAZZ					V										NC
Desserts															
Chocolate Brownie			V		V		V					V			NC
Banoffe Pie Sundae					V		V								NC
Sorbet															NC
Dessert Sharing Platter			V		V		V					V			NC
Fruit salad															NC

Whilst every care has been taken to ensure that cross contamination is minimal with regard to our kitchen processes and ingredients, such instances may arise, due to the nature of food preparation,

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Date	02.02.2019	
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Crew Catering Kids Menu	Allergens														Initials
Menu Item / Dish	CELERY	CRUSTACEAN S	EGGS	FISH	CEREALS CONTAINING GLUTEN	LUPIN	MILK	MOLLUSCS	NUTS	PEANUTS	SESAME	SOYA	MUSTARD	SULPHATES	
4oz Burger					V									V	NC
Burger Falafel					V		V				V				NC
Hot Dog					V		V								NC
Southern Fried Chicken	V				V										NC
Fruit Salad															NC
Ice Cream - Vanilla			V		V		V								NC
Ice Cream - Chocolate							V								NC
Ice Cream Strawberry							V								NC

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Amex Lounge - Winter 2019

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Crew Catering Desserts	Allergens														
Menu Item / Dish	CELERY	CRUSTACEANS	EGGS	FISH	CEREALS CONTAINING GLUTEN	LUPIN	MILK	MOLLUSCS	NUTS	PEANUTS	SESAME	SOYA	MUSTARD	SULPHATES	Initials
Chocolate Brownie, fudge sauce, salted caramel ice cream			V		V		V					V			NC
Banoffe Pie Sundae					V		V								NC
Selection of Sorbets with fresh berries															NC
Fresh Fruit Salad															NC
Dessert Sharing Platter			V		V		V					V			NC

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Menu Item / Dish	Allergens														Initials
	CELERY	CRUSTACEANS	EGGS	FISH	CEREALS CONTAINING GLUTEN	LUPIN	MILK	MOLLUSCS	NUTS	PEANUTS	SESAME	SOYA	MUSTARD	SULPHATES	
Gourmet burger, Mature Cheddar, Brioche Bun Cos lettuce, Amex Signature Burger Sauce, slow roasted tomatoes & Skin on Fries			V		V		V							V	NC
<i>Burger Sauce</i>			V											V	NC
Char Grilled Steak slow roasted tomatoes & skin on Fries															NC
Slow Cooked Short Rib of Beef, Beer & battered onion rings, truffle mash	V				V		V							V	NC
<i>Onion Rings</i>			V		V									V	NC
Spicy Chicken Burger with Brioche bun and paprika mayo			V		V		V							V	NC
Beetroot Vegan Burger					V						V		V	V	NC
Pan roasted sea bass, caramelised spiced cauliflower purée, roasted potatoes, artichokes and samphire				V			V							V	NC
Skin On Fries					V										NC

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Billingsgate fish cake and tartar sauce			V	V	V		V								NC
<i>Tartar Sauce</i>			V											V	NC
Tomato Arancini with Rocket Pesto	V		V		V		V							V	NC
<i>Rocket Pesto</i>							V							V	NC
							V								NC
Crisp vegetable gyotos with crisp salad and wasabi and soy dressing					V						V	V			NC
Rice noodle, edamame bean, carrot, pea shoot and peanut salad, sesame and soya dressing										V	V	V			NC
Crispy Lamb Shoulder with watercress dressing			V		V		V								NC
Paul Rhodes bread					V		V								NC
Avocado salad														V	NC

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Crew Catering Sports Menu	Allergens														Initials
Menu Item / Dish	CELERY	CRUSTACEANS	EGGS	FISH	CEREALS CONTAINING GLUTEN	LUPIN	MILK	MOLLUSCS	NUTS	PEANUTS	SESAME	SOYA	MUSTARD	SULPHATES	Initials
Char Grilled Rib Eye Steak					V										NC
Cote de Beouf					V										NC
Fillet Steak					V										NC
Short Rib	V				V										NC
Spinach							V								NC
Skin On Fries					V										NC
Grilled Tomatoes															NC
Onion Rings			V		V									V	NC
Grilled Mushrooms															NC
Peppercorn Sauce	V						V							V	NC
Bernaise Sauce			V				V							V	
Paul Rhodes bread					V		V								NC
Avocado salad														V	NC

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