

# Zizzi Bambini Menu

**3 courses &  
a chocacino £9.50**

**ADD MILK<sup>96 kcal</sup> OR ROBINSON'S FRUIT SQUASH  
(no added sugar) 50p**

**Choose from: Apple & Blackcurrant squash<sup>0 kcal</sup>  
or Orange squash<sup>0 kcal</sup>**

Ask one of the team for a glass of tap water  
or our full drinks menu.

## Have an allergy?

No problem! Before you order head to [zizzi.co.uk/allergens-info](https://zizzi.co.uk/allergens-info) or  
scan the QR code for allergen information. Please let us know  
when you order too, even if you've had the dish before.



Allergens

If you need to tweak a dish for your bambini, just ask us. Our dish descriptions don't  
always mention every single ingredient, so give us a shout if you're unsure. If you have any  
specific dietary requirements, we have a great allergen menu to help you make a decision,  
just ask us for a copy (please note that allergens contained within our condiments are not  
included). Please inform staff of any food allergies prior to placing your order, even if you  
have eaten the dish previously. Our suppliers and kitchens handle numerous ingredients  
and allergens. Whilst we have strict controls in place to reduce the risk of contamination,  
unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen  
free. Keep an eye out for any pesky stray olive stones, seafood shells or little fish bones.

SPRI BAM3 EVENT 005577



## STARTERS

**CARROT, CUCUMBER &  
A LITTLE SOUL BREAD <sup>VVe</sup> 177 kcal**

With a pomodoro sauce.

**CARROT, CUCUMBER & PASTA CRISPS <sup>VVe</sup> 96 kcal**  
With a pomodoro sauce.



## MINI PIZZA

### MARGHERITA

Mozzarella & tomato <sup>V</sup> 384 kcal (I can be made Vegan, just ask.)

**Add any two toppings: Ham<sup>23 kcal</sup> | Pepperoni<sup>64 kcal</sup>**

**Olives <sup>VVe</sup> 53 kcal | Mozzarella <sup>V</sup> 124 kcal | Mushrooms <sup>VVe</sup> 2 kcal**

**Roasted Peppers <sup>VVe</sup> 11 kcal**

(We have non-gluten pizza bases available, just ask.)



## PASTA

**Choose spaghetti, pasta twists  
or Campanelle pasta.\***

We also have non-gluten fusilli pasta, just ask.

### POMODORO <sup>VVe</sup>

Tomato & basil sauce.

Spaghetti<sup>274 kcal</sup> | Campanelle<sup>262 kcal</sup> | Pasta Twists<sup>270 kcal</sup>

### BOLOGNESE

Classic beef ragu sauce (with hidden vegetables).

Spaghetti<sup>318 kcal</sup> | Campanelle<sup>306 kcal</sup> | Pasta Twists<sup>314 kcal</sup>

### SUPER GREEN PESTO <sup>VVe</sup>

(veggie-loaded)

Spaghetti<sup>375 kcal</sup> | Campanelle<sup>364 kcal</sup> | Pasta Twists<sup>372 kcal</sup>

### VEGAN LENTIL RAGU <sup>VVe</sup>

Sunblush tomatoes, spinach and nero chickpeas.

Spaghetti<sup>343 kcal</sup> | Campanelle<sup>331 kcal</sup> | Pasta Twists<sup>340 kcal</sup>



## SIDES 50p

**ADD A SIDE ORDER OF:**

**Sweet Potato Fries <sup>VVe</sup> 198 kcal | Chips <sup>VVe</sup> 364 kcal**

**Rainbow Carrots <sup>VVe</sup> 77 kcal**



## DESSERTS

### GELATO

2 scoops, choose from:

Vanilla <sup>V</sup> 61 kcal | Chocolate <sup>V</sup> 67 kcal | Salted Caramel <sup>VVe</sup> 77 kcal

Strawberry Sorbet <sup>VVe</sup> 37 kcal

**Add some fun and order our 3 mini cones <sup>VVe</sup> 12 kcal  
and honeycomb to fill yourself & decorate <sup>VVe</sup> 34 kcal**

kcal are for 1 scoop

### POT OF FRESH STRAWBERRIES

<sup>VVe</sup> 23 kcal

**TO FINISH, ASK ONE OF THE  
TEAM FOR YOUR CHOCACINO! <sup>79 kcal</sup>**



## REALLY TINY TUMMY?

**2 courses for 3.50**

For really tiny tummies we offer a tiny

Campanelle\* Pomodoro Pasta <sup>VVe</sup> 112 kcal

and a Little Soul Bread. <sup>VVe</sup> 116 kcal

(Pasta can be made non-gluten, just ask.)

### MENU KEY

**V = Vegetarian | Ve = Vegan**

For kcal with non-gluten pasta, and for full nutrition,  
see our nutrition guide at [zizzi.co.uk/menu-info](https://zizzi.co.uk/menu-info)

\*Our Campanelle pasta is made with a blend  
of wheat and Wildfarmed flour.



**DRAW US SOMETHING!**

## WORDSEARCH

Can you find all of the hidden Zizzi words?

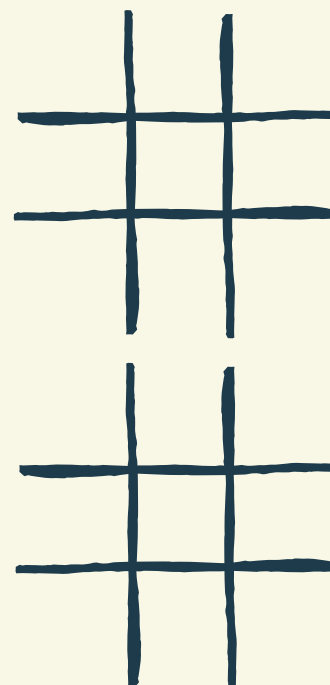
.....

Watch out, some of the words go backwards and diagonally!

**ZIZZI • RUSTICA • PASTA  
DESSERT • BAMBINI  
CHEESE • PIZZA**

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| Y | I | N | I | B | M | A | B |
| D | K | P | A | S | T | A | R |
| E | J | I | N | I | V | C | O |
| S | B | Z | J | M | H | U | I |
| S | T | Z | F | E | G | Z | L |
| E | R | A | E | B | Z | P | X |
| R | U | S | T | I | C | A | O |
| T | E | H | Z | K | N | L | J |

## NOUGHTS & CROSSES



## EYE SPY

Can you spy all these things hiding in the restaurant?

**PIZZA OVEN**

**CHEF**

**WAITER**

**TREE**

**PIZZA**

**PASTA**

**ZIZZI LOGO**

**PLATE**

**CUTLERY**

**NAPKIN**

**MENU**

**HERBS**

**WALL ART**

**APRON**

**WOODEN TABLE**

**COLOURED CHAIR**

**f SHOW US YOUR MASTERPIECES! f**

**Share your completed games sheet with us for the chance  
TO WIN A MEAL FOR YOU AND YOUR FAMILY!\***

Get a grown up to post your marvellous creation on Facebook and tag:

**@WeAreZizzi & #zizzibambini**

\*This competition must be entered by the legal guardian of the child. Ages 18+ only. 1 monthly prize available. Judged entries. Visit [zizzi.co.uk/bambini-tc](http://zizzi.co.uk/bambini-tc) for full terms & conditions.

