

NIBBLES

- OLIVES

2.95

VEGAN
- PADRÓN PEPPERS

3.95

VEGAN
- PRETZEL MIX (V)

3.25
- VEGETABLE CRISPS

2.95

VEGAN
- TORTILLA CHIPS

3.95

VEGAN
- PISTACHIO NUTS

2.95

SMALL PLATES

We recommend 3 dishes each, or sharing 5 dishes between two

- CRUSHED AVOCADO BRUSCHETTA

6.75

VEGAN
- With tomato salsa

- BBQ CHICKEN WINGS

7.50
- Glazed with Korean inspired flavours of ginger, garlic and soy

- SALT AND PEPPER CALAMARI

6.95
- With a sweet chilli and lime dip

- LOBSTER MAC N CHEESE<sup>+</sup>

6.95
- In a smoked applewood Cheddar sauce

- GINGER TERIYAKI CHICKEN SKEWERS<sup>+</sup>

7.25
- Served with pickled vegetables and sesame seeds

- PAN FRIED KING PRAWNS

6.95
- Pan-fried with tomato, chilli & paprika with baby kale & warm ciabatta

- STONEBAKED GARLIC FLATBREAD (V)

5.95
- With rocket and Italian hard cheese and a balsamic vinegar dressing

- CHORIZO & HALLLOUMI SKEWERS

6.75
- With pico de gallo salsa

- PULLED CHICKEN TACOS

6.95
- Filled with pulled chicken, crushed avocado, red pepper, black beans, nacho crumb

- CHILLI NON CARNE TACOS

6.50

VEGAN
- Filled with crushed avocado, chilli non carne, nacho crumb

- SEASONAL MUSHROOM TEMPURA<sup>+</sup>

6.25

VEGAN
- Sesame & miso dip

- HALLLOUMI FRIES

6.25

- HOUMOUS DUO

6.50

VEGAN
- Beetroot & apple houmous and classic houmous, served with flatbreads

SHARING

Enjoy our chef's selection of flavours from around the globe. Perfect for two to share

- THE GRAZING BOARD<sup>+</sup>

17.50
- Chorizo and halloumi skewers, teriyaki chicken skewers, salt and pepper calamari, houmous, flatbread and All Bar One nachos

- THE MEZZE BOARD (V)

15.95
- Pea, feta & mint falafels, kale pakora, grilled halloumi, smashed avocado, houmous duo, warm breads and a quinoa salad

- TRIO OF FRIES

9.50
- Three buckets of fries: Fries with smoked paprika and saffron aioli, Fries with Parmesan, truffle oil and rosemary, Sweet potato fries with sour cream and Cajun dusting

- ALL BAR ONE NACHOS (V)

9.95
- Topped with Monterey Jack cheese, salsa, sour cream, guacamole and jalapeños

Add chilli non carne (v) 2.00  
Add pulled chicken 3.00

- BOX-BAKED CAMEMBERT & CHARCUTERIE

13.95
- Fennel salami, coppa ham, prosciutto crudo, red onion chutney, bread, olives and rocket

OUR SIGNATURE BURGERS

All our burgers are served in a brioche bun with a dill gherkin and fries. Swap to sweet potato fries +1.00

- THE BACON & CHEESE

12.50
- Handmade beef patty, bacon, smoked Cheddar and our signature burger sauce

- THE CLASSIC

11.25
- Handmade beef patty with our signature burger sauce

- THE CHICKEN

11.25
- Cornflake coated buttermilk fried chicken, lettuce, tomato and mayonnaise

- THE SKINNY

11.25
- Handmade beef patty, half a bun, avocado and house salad instead of fries

- THE MEXICAN

13.25
- Handmade beef patty, chilli non carne, Monterey Jack cheese, guacamole, nacho crumb and our signature burger sauce  
We love adding pulled chicken to this burger

- THE PLANT-BASED

14.95

VEGAN
- The revolutionary Beyond Meat® burger that looks, cooks and satisfies like meat. Plant-based patty served with cheese alternative produced from coconut oil, vegan mayonnaise, lettuce, tomato and tobacco onions in an ancient grain bun

- MAKE IT YOUR OWN
- Bacon 1.50 / Smoked Cheddar (V) 1.00 / Grilled halloumi (V) 1.00 / Extra patty 3.00  
Smashed avocado 1.50 / Chilli non carne 2.00 / Pulled chicken 3.00 / Fried egg (V) 1.00

MAIN PLATES

- PIRI-PIRI BONELESS CHICKEN

12.95
- Served with coleslaw and a choice of fries or house salad

- 8oz RIBEYE

17.50
- With a peppercorn sauce and Parmesan & rosemary fries  
Add pan-fried King Prawns 3.00  
Add onion rings 1.00

- SMOKED HADDOCK & MUSTARD FISHCAKES<sup>+</sup>

10.50
- With bloody mary tartare sauce, served with fries or house salad

- CHICKEN, GREENS & GRAINS

10.95
- Grilled chicken, chopped spinach, spiced quinoa & brown rice, broccoli, soya beans and lemon oil dressing

- CHICKEN KATSU

12.75
- Firecracker chicken with steamed sticky rice in a spiced coconut curry sauce

- FISH & CHIPS

12.95
- Tempura cod fillet, mushy peas, tartare sauce and fries

- PAD THAI (V)

10.25
- With rice noodles, peppers, broccoli, free range egg, pak choi, sugar snaps, sweet chilli and peanuts  
Add tempura mushrooms (v) 2.00  
Chicken breast & prawn cracker 2.50  
King Prawns & prawn cracker 3.00  
Beef fillet & prawn cracker 3.50

- CHICKEN BURRITO

10.75
- With black beans, spiced rice, peppers, Monterey Jack cheese, smashed avocado and sour cream. Served with smoked paprika fries

- SALMON CAESAR SALAD

12.50
- Salmon fillet with cos lettuce, asparagus, croutons, classic Caesar dressing and Parmesan cheese

- CHIMICHURRI BEEF FILLET SKEWERS

13.95
- Served with padrón peppers, black rice salad and your choice of seasoned fries or house salad

NUTRITIOUS POWER-FOODS

Healthy, tasty dishes and salads created with nutritionist Sarah Jackson, to help you make delicious choices

- SUPERGREEN NOODLE LAKSA

9.75

VEGAN
- 2 of your 5 a day and rich in Vitamin C and folate  
Vermicelli noodles, spiced coconut sauce with pak choi, broccoli, spinach and beansprouts. Served with Sriracha sauce

- AVOCADO & BLACK RICE SALAD

10.25

VEGAN
- 2 of your 5 a day, rich in Vitamin C and Vitamin B6  
Avocado with nigella seeds, quinoa, soya beans, baby kale & chilli topped with coconut dressing and tortilla crisp  
We love adding chicken to this salad

- THE POWER OF FIVE

8.75<sup>+</sup>

VEGAN
- 5 of your 5 a day and 300 calories or less  
Chargrilled medley of greens, butternut squash, aubergine, mushroom, peppers and nigella seeds with a sesame and miso sauce, topped with a rice noodle cracker  
Add a side of rice for 2.00

- MOROCCAN SQUASH SALAD

9.50

VEGAN
- 2 of your 5 a day, rich in Vitamin C and 450 calories or less  
Roasted butternut squash, spiced quinoa, chickpeas, sugar snap peas, pomegranate with a coconut and turmeric dressing

WE RECOMMEND ADDING ANY OF THE BELOW TO THESE DISHES

- Chicken breast 2.50 / Halloumi (v) 2.50 / Salmon fillet 4.00  
King prawns 3.00 / Tempura mushrooms 2.00

PERFECT FOR LUNCH  
£8.50

Served until 5pm. All sandwiches and wraps are served with a choice of salad or fries (swap to sweet potato fries +1.00)

- CHICKEN & AVOCADO FOCACCIA
- With smashed avocado, roasted red pepper, rocket, SunBlush® tomato and basil dressing

- FISH FINGER WRAP
- Lightly breaded homemade cod goujons with cos lettuce and tartare sauce

- VEGAN BUN

VEGAN
- Aubergine & harissa patty, lettuce, red onion, tomato and vegan mayonnaise served in an ancient grain bun

- FILLET STEAK SANDWICH
- With crispy shallots, onion chutney, watercress and Dijon mayonnaise  
2.50 supplement

- CHICKEN QUESADILLA
- Chargrilled tortilla with pulled chicken, black beans, peppers and lime. Served with sour cream

- LOBSTER MAYONNAISE SANDWICH<sup>+</sup>
- Served open, lobster mayonnaise and cos lettuce  
Add bacon 1.50

See our drinks menu for a delicious range of twisted tonics and freshly-made smoothies

LITTLE THINGS

- SEASONED FRIES

3.50

VEGAN
- with smoked paprika and saffron aioli (v) 4.50  
with Parmesan, truffle oil and rosemary 4.50  
with chilli non carne & Monterey Jack cheese (v) 4.75

- SWEET POTATO FRIES

4.50

VEGAN

- RUSTIC BREAD & OIL (V)

3.95

- DRESSED MIXED SALAD

3.75

VEGAN

TAPAS TUESDAY

FREE BOTTLE OF WINE WHEN YOU PURCHASE ANY 4 SMALL PLATES\*  
Available from 4pm every Tuesday, ask our team for more details

SWEET TREATS

- CHURROS (V)

6.95
- Our favourite treat.. served with a deliciously rich chocolate sauce

- BELGIAN CHOCOLATE BROWNIE (V)

5.75
- Served with bourbon vanilla ice cream

- RASPBERRY & COCONUT SORBETS

3.75

VEGAN
- Served with raspberries and mint

- RASPBERRY, HAZELNUT & CHOCOLATE CHEESECAKE (V)

5.95
- A dessert specially created by our head-chef 'Ajay' from All Bar One York  
Served with chocolate sauce

- RICH CHOCOLATE POT

5.95

VEGAN
- Served with fresh berries

COCKTAILS

The perfect after-dinner treat -  
see our drinks menu for our full cocktail list and prices

- ESPRESSO MARTINI

1
- Ketel One vodka, Tia Maria and coffee

- A DAY FOR ROSÉ


1
- Ketel One vodka, white zinfandel rosé, apple juice, lemon juice, strawberries & raspberries

- PORN STAR MARTINI

1
- Absolut Vanilia vodka, passion fruit and lime. Served with a shot of Prosecco

- NEGRONI RISTRETTO

1
- A pick me up twist on the classic - Bombay sapphire gin, Campari, Martini Rosso and Tia Maria

Please visit our website to view our nutritional information at [www.allbarone.co.uk/nutritional-info](http://www.allbarone.co.uk/nutritional-info). Nutritious Powerfoods - Vitamin C contributes to normal psychological function, Vitamin B6 contributes to the regulation of hormonal activity; Folate contributes to normal homocysteine metabolism. \*Tapas Tuesday - served from 4pm on Tuesdays. Each small plate will be charged at full price and not valid with any other promotion. Our Skinny burger contains 30% less energy than our classic burger. All our food and drink is prepared in a kitchen where cross contamination may occur and our menu descriptions do not include all ingredients. Some dishes may contain small bones. Full allergen information is available upon request. If you have a question, food allergy or intolerance, please let us know before placing your order. <sup>1</sup>This dish contains alcohol. (V) = made with vegetarian ingredients, (VE) or  = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server.



# FOOD TO BE SHARED, CELEBRATED & ENJOYED

From tasty small plates and sharing boards to nutritious power-foods – we have the perfect choice for whatever the occasion.

Join us for lunch with friends or a cosy date night.  
Relax and enjoy with a glass of the good stuff  
at All Bar One.



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